

Subject: PE	Year: 7	Developed by: LG	Date: Sept 2021
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IMPLEMENTATION

INTENT

- Develop a life long love of physical education
- Develop performance, leadership, education, healthy body and healthy mind- through the PE for life Olympic rings

The themes for the year / areas of the curriculum to be studied / the big picture TO BE SHARED WITH STUDENTS (evidence in their books)

Overview of Year – Topic area	Term 1								Term 2							Term 3						Term 4						Term 5					Term 6					
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
	Health Related Fitness								Badminton							Cross Country						Hockey Continued						Athletics					Rounders					
	Netball								Basketball							Hockey						Dance											Cardio Tennis					
	Football								Option week to recap weaknesses													Option week to recap weaknesses											Option week to recap weaknesses					

See rota below for specific topics and the rota they follow

Y7 Autumn Term

	Cycle 1 (2) 9/09-13/09	Cycle 2 (6) 16/09-04/10	Cycle 3 (6) 07/10-25/10	Cycle 4 (6) 04/11-22/11	Cycle 5(6) 25/11-13/12	Cycle 6 (2) 16/12-19/12
8A	09/09-11/09	13/09-04/10	07/10-23/10	25-10-22/11	25/11-11/12	13/12-19/12
Girls 1	HRF	Hockey	Netball Leadership	Badminton	Football	OPTION
Girls 2 & Mixed	HRF	Badminton	Hockey	Dance	Indoor football	OPTION
Boys 1	HRF	Rugby	Badminton	Football Leadership	Orienteering	OPTION
Boys 2	HRF	Rugby	Orienteering	Yr 7 Dance Yr 8 Hockey	Football Leadership	OPTION

Spring Term

	Cycle 1 (8) 06/01-31/01	Cycle 2 (8) 03/02-06/03	Cycle 3 (6) 09/03-27/03	Cycle 4 (2) 30/03-03/04
8A	06/01-31/01	03/02-06/03	09/10-25/03	27-03-03/04
Girls 1	Cross-Country	Dance	Orienteering	OPTION
Girls 2	Cross-Country	Netball	Orienteering	OPTION
Boys 1	Cross-Country	Yr 7 Dance Yr 8 Hockey	Sportshall Athletics	OPTION
Boys 2	Cross-Country	Badminton	Sportshall Athletics	OPTION

Summer Term

	Cycle 1 (6) <i>20/04-08/05</i>	Cycle 2 (4) <i>11/05-22/05</i>	Cycle 3 (2) <i>01/06-05/06</i>	Cycle 4 (2) <i>08/06-12/06</i>	Cycle 5 (2) <i>15/06-19/06</i>	Cycle 6 (2) <i>22/06-26/06</i>	Cycle 7 (4) <i>29/06-10/07</i>	Cycle 8 (2) <i>13/07-17/07</i>
8A	<i>20/04-06/05</i>	<i>08/05-20/05</i>	<i>22/05-05/06</i>	<i>08/06-10/06</i>	<i>12/06-19/06</i>	<i>22/06-24/06</i>	<i>26/06-08/07</i>	<i>10/07-17/07</i>
Girls 1	Athletics	Athletics	Rounders	Rounders	Rounders	Athletics	Cardio-Tennis	OPTION
Girls 2	Athletics	Cardio - Tennis	Rounders	Rounders	Rounders	Athletics	Athletics	OPTION
Boys 1	Athletics	Athletics	Athletics	S + F	Cardio - Tennis	Cardio-Tennis	S + F	OPTION
Boys 2	Athletics	Athletic	Cardio-Tennis	Cardio-Tennis	S + F	S + F	Athletics	OPTION